



MASSAGE  
MASTERY  
ONLINE

# MASSAGE ROUND ROBIN

## ACTIVITY VARIATION

### MASSAGE ROUND ROBIN VARIATION

This activity makes a fun "**Lunch and Learn**" opportunity. Instead of having students demonstrate in a round-robin, teachers and TAs share their best "moves." You invite students to come on a break between classes or for a special after-school event.

Review the activity directions for massage round robins.

Set up one primary demonstration table where teachers and TAs show their techniques.

Arrange for several clients depending on the number of participants. Plan that three or four participants will share a client.

Determine which participants are grouped with which clients.

One teacher shows a technique to the group.

The other teachers and the participants gather at their client and practice the technique, giving each other feedback and support.

A new teacher shows a technique to the group.

The other teachers and participants gather at their client and practice the technique, giving each other feedback and support.

Progress in this way for the time allotted.

At the end of the activity, gather everyone in a circle and ask them to reflect on their experiences and learning.