

Study Guide: **What is Ethics**

Name:	Due Date / Points
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Directions: Use this handout to prepare for the upcoming exam on “What is Ethics?”

Concept-Checking Questions: Review each question and determine the correct answer. Underline or highlight (with a highlighter pen) the correct option.

1. As a branch of philosophy, does ethics systemize concepts of right and wrong or concepts of values and decisions?
2. Which options best describe ethics? A. Regulations, B. Rules, C. Principles, D. Directives.
3. Is ethics the same thing as morals, or is ethics the same thing as social norms?
4. Are norms patterns of social behavior that are expected or patterns of social behavior that are ideal?
5. Which words best reflect individual and group experiences of values? A. Positive attitude, openness, and respect, or B. Love, hate, agree, disagree.
6. In ethics, does the term good mean morally perfect or something or someone is beneficial?
7. Is the teleological approach to ethics concerned with what is beneficial or with what is one's duty?
8. In ethics, does the term right mean to be proven correct, or does right mean to follow moral principles?
9. Is character a person's internal qualities and behavior patterns, or is character the integrated aspects of self and the quality of being whole?
10. In ethics, is integrity best described as sound judgment or the integration of self and moral purpose?

Terminology: Match the correct term from the list with its written description by writing it in the space provided. Notice that you'll use the word "ethics" twice.

Bad
Behavior
Character
Decision
Deontological
Ethics

Ethics
Good
Integrity
Laws
Morals
Norms

Philosophy
Principles
Right
Teleological
Values
Wrong

Term	Statement
	Standards for good character and behavior.
	A conclusion or resolution reached after consideration.
	To live in accordance with moral rules.
	Something that is beneficial.
	Emphasizes rightness and duty.
	A major branch of philosophy exploring values, morals, and responsibility.
	Standards or patterns of social behavior.
	One's judgment of what is important in life and what is good.
	Emphasizes goodness and purpose.
	The way in which one acts or conducts oneself.
	Internal traits that predispose people to express behavior in certain ways.
	The study of the fundamental nature of knowledge and reality.
	The integration of a moral purpose with one's sense of self.
	A group of principles that provide guidance to the massage profession.
	Something that is unbeneficial.
	Moral rules that help people know what is right or wrong.
	To live out of accordance with moral rules.
	Rules that are binding and enforceable by authority.

Can you describe two ways that ethical principles guide massage professionals?

1:	2.
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List and describe four reasons why we care so much about ethics in the massage profession:

1:
2:
3:
4:

Part 1: Explain why ethics is about the world as it should be and not the world as it is.

Part 2: If you could be the change you wanted to see in the world, how would you contribute to how the world should be through your “right” actions?

Part 01:	Part 02:
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Write five multiple-choice questions from the content in this textbook topic. You must have one correct answer and three wrong responses in each question:

Question 1:

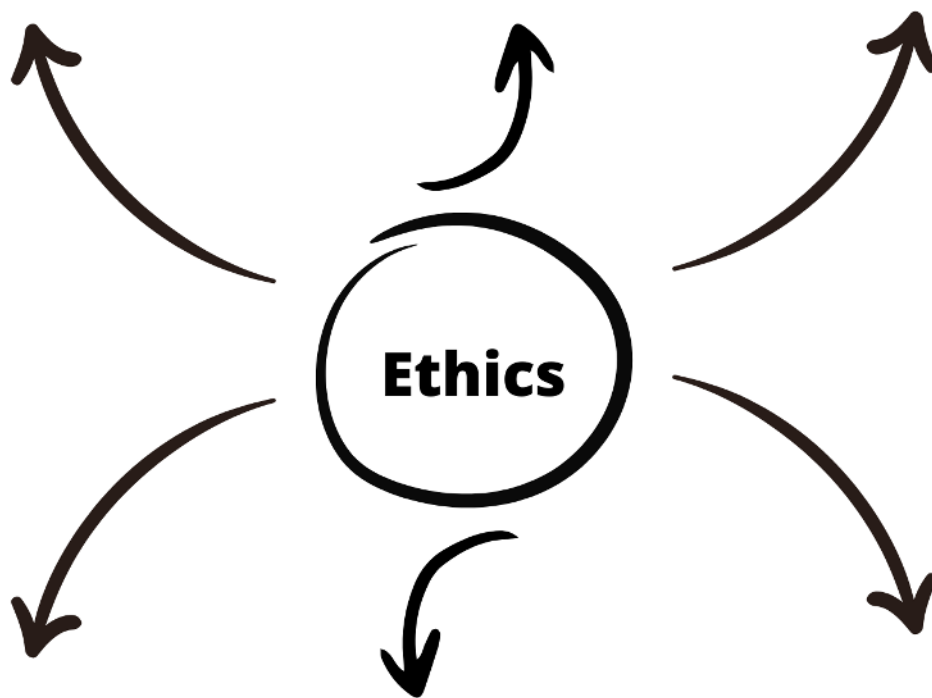
Question 2:

Question 3:

Question 4:

Question 5:

Diagram (next page): List six terms that relate to ethics by an arrow. Explain why each term is essential to ethics in the white space around the diagram. For example, the word integrity relates to ethics because people with integrity integrate a moral purpose into their sense of self. Therefore, people with integrity are more likely to act ethically and consistently to fulfill their moral purpose.



Scenario Questions: Read the scenario and select the correct option:

1. Sami has a great attitude and even better hands-on skills. Clients know they can trust Sami to provide a safe and effective massage that helps them meet their wellness goals. Sami has a stellar reputation in the community, bringing many new clients to the massage business where they work. Based on definitions in ethics, Sami is:
 - A. Right
 - B. Good
 - C. Valuable

2. Nia has just started working at a massage clinic and is shadowing Sophie to learn about the clinic's policies and procedures. Sophie introduces Nia to a group of people in the break room. Later, Sophie tells Nia that Ellen has demonstrated unethical behavior. What does Sophie mean?
 - A. Ellen wears unprofessional clothing to work shifts and uses slang and swear words in front of clients.
 - B. Ellen is unreliable and late for work shifts, causing her massage colleagues to scramble to cover her massage sessions.
 - C. That Ellen conducts herself in a way that puts clients, her massage colleagues, and the reputation of the massage profession at risk.

3. Baz and Kala stand in the reception area, looking towards the parking lot. Their massage colleague, Devon, is leaning on a car and talking to his client through the open window. The client's session finished ten minutes ago. Kala says, "I think he has developed feelings for that client." Baz replies, "I just wish Devon wasn't so impulsive and could consider the consequences of his actions." What does Baz mean?
 - A. That Devon has crossed the line again and is probably already dating the client.
 - B. Devon has a character trait that makes it more difficult for him to behave ethically.
 - C. That Devon is about to break the law without realizing it.

4. Nia arrives for her second shift at the massage clinic, and Sophie greets her at the door. Sophie looks at Nia's hands and says, "What's the deal with the nails?" Nia is wearing long and painted acrylic nails. "Oh, don't worry," Nia says, "I massage mostly with my forearms and elbows so that I won't scratch the client." "Sorry," Sophie replies. "Long nails aren't the norm in massage therapy, and you'll have to remove them to work here." What does Sophie mean when she says that long nails aren't the norm? Answer this one on your own here: