

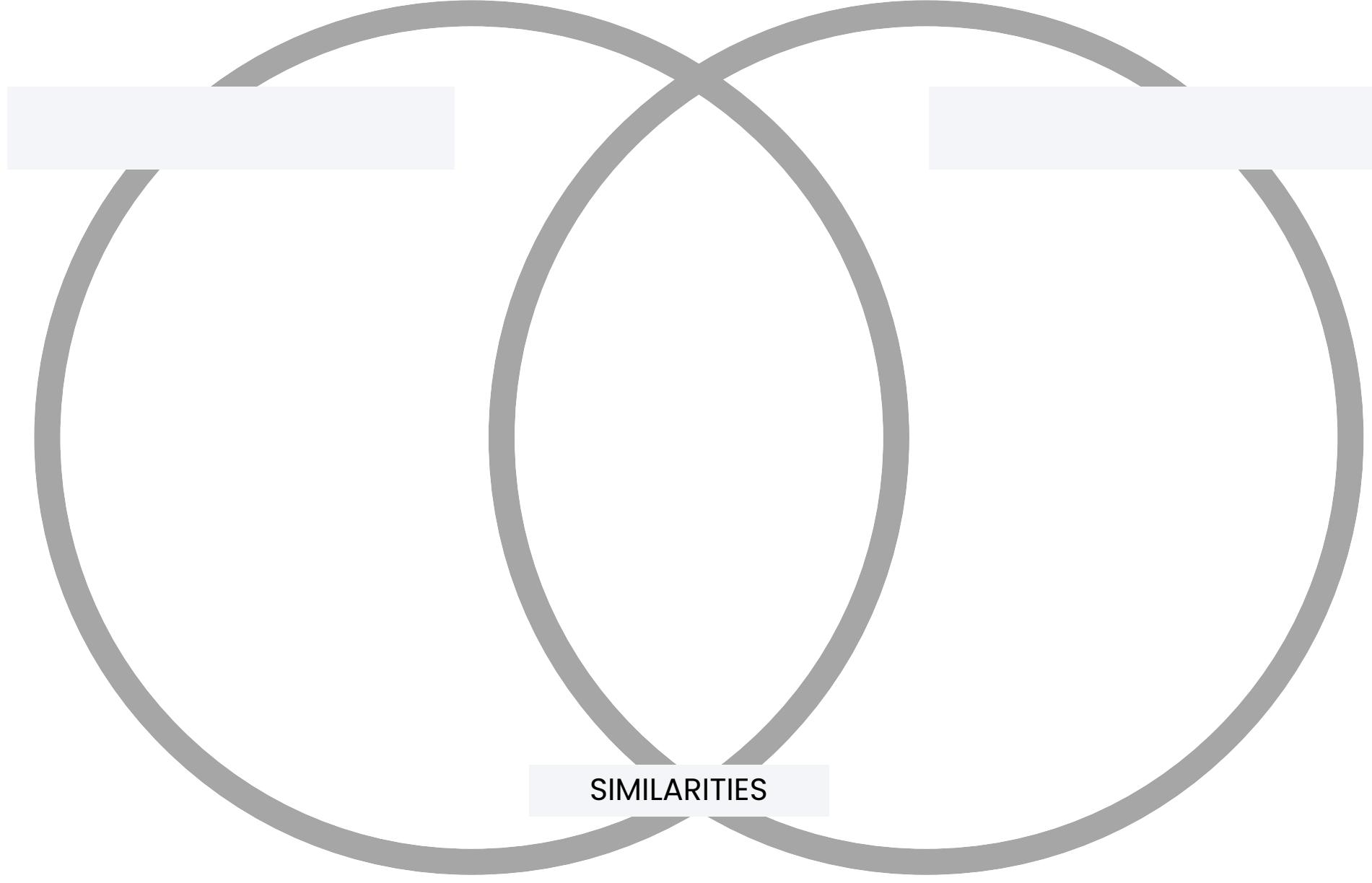
## Therapist behaviors that uphold physical boundaries

- Maintain 4-5 feet distance when walking with client or standing near them
- Avoid unnecessary touch before massage begins (except handshake or stability assistance)
- No hugs or casual touches (shoulder, forearm, lower back)
- Demonstrate awareness of body mechanics to prevent unnecessary body contact
- Never lean against table with pelvis or graze client with breast tissue

## Therapist behaviors that uphold sexual boundaries.

- Empower clients to undress to their comfort level without suggestions
- Always leave room when client undresses or dresses
- Agree on session plan beforehand and stick to it
- Obtain written consent for sensitive areas (pectoralis, gluteals)
- Practice exceptional draping—maintain modesty and security
- Never work under drapes or clothing edges
- Only touch client with body parts commonly used for massage (palms, thumbs, fingers, knuckles, elbow, forearm)

## SIMILARITIES



A Venn diagram consisting of three overlapping circles. The circles are dark gray with a thin white outline. They overlap in a triangular pattern, creating a central intersection area. The background is white.

SIMILARITIES